# Locating and Killing Receiver Interference

Gary Johnson, NA60 May, 2023



NA60.COM

### **Agenda**

- Types of noise and interference
- Typical noise sources
- Finding the noise
- Noise mitigation
- Your rights per the FCC
- References

NOTE: While this talk focuses on noise arriving at your receiver, some of the mitigation techniques also apply where your transmitter is interfering with other equipment, e.g., getting into the stereo.

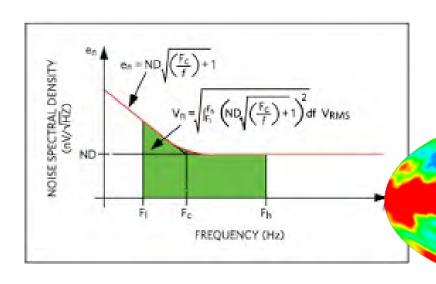
### Types of noise and interference

- Natural
  - A case where all-natural isn't better!
- Intentional emitters
- Unintentional emitters

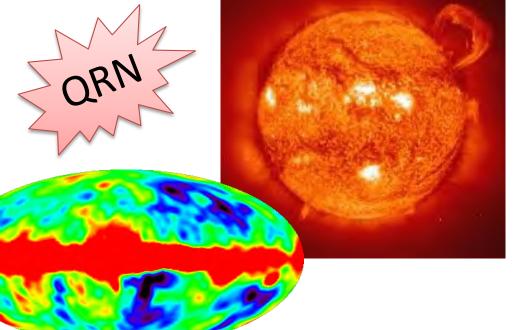
### Nature gives us "baseline" RF noise that we can't do much about

- Lightning
- Solar activity
- Cosmic background

Thermal noise







## Intentional emitters are other legal transmitters, including other hams

- Strong signals may overload your receiver
- Multiple signals can mix (intermodulate) and appear at unexpected frequencies
- Licensed =
  - FCC regulated
  - Legal leverage
  - Negotiable



# Unintentional emitters are almost always the problem... It gets worse every year!

Many electrical devices not designed to be transmitters may radiate interference



### There are tools and techniques to help locate interference sources

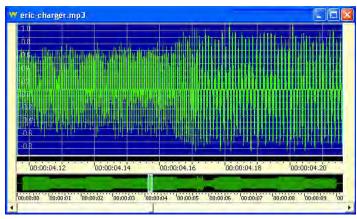
- Spectral fingerprinting
- Power-down until it goes away
- Radio direction finding
- Ultrasonic detection (only for arcs)



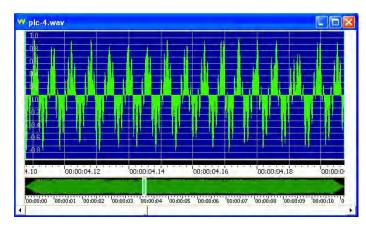
### Fingerprints: What do you hear?

- Tune around. Note frequencies. Is the same signal periodic in time or freq? What interval?
- Listen. 60 Hz hum? Video? Pulses? Voice?
- Record audio, ask others for identification

http://www.arrl.org/sounds-of-rfi



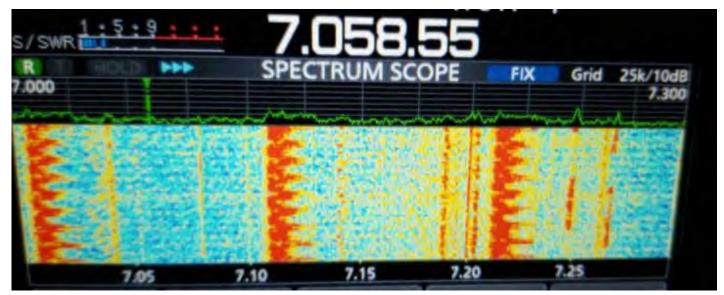
**Phone charger** 



**Power Line Control (PLC-4)** 

### Fingerprints: SDR with panfall display

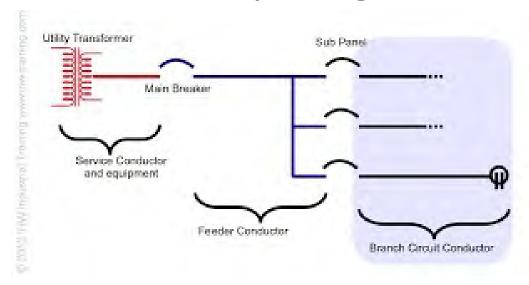
- Measure amplitude and frequency
- Track dynamic signals
- Compare before and after mitigation
- Don't forget to write down everything



Battery tender observed at K6KM

# Power down to quickly find the smoking gun: Start with your own house

- Unplug everything, then plug in one thing at a time
- Even better, turn off breakers
- See when the noise appears or disappears
- Same with (friendly) neighbors

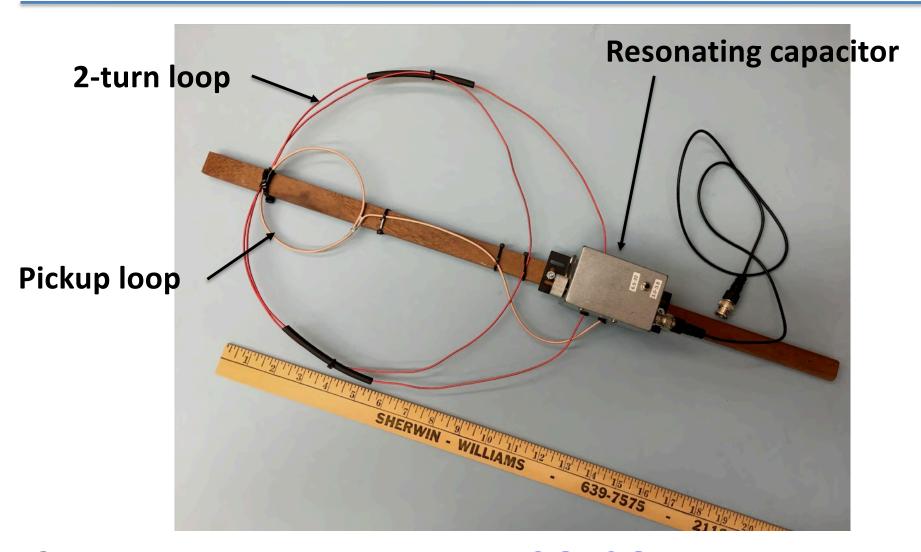


## Not from your house? Head for the field: Radio direction finding

- All bands may be useful: MF, HF, VHF
- Directional antennas are most useful
- Walk around, tune around, triangulate



# Make a direction finding antenna! Every club should have one. Easy to make.



See my RFI pages at NA60.COM

## Use a portable shortwave radio, HT or spectrum analyzer with your DFing antenna



Whatever radio you use, put it in AM mode for most noise sources





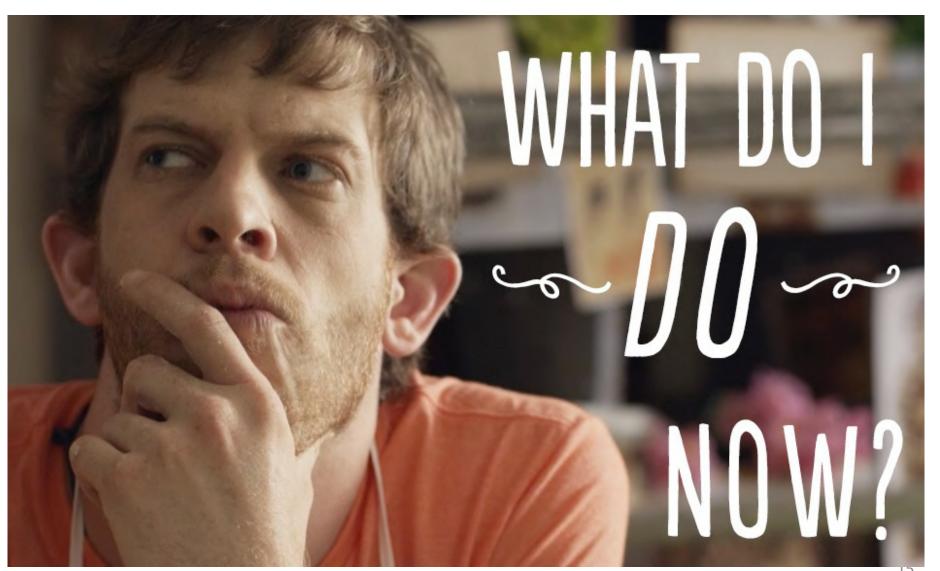
TinySA Spectrum Analyzer: Fantastic for noise finding!

\$140 at R&L Electronics

### **Direction Finding**

#### **DEMONSTRATION**

### Now that you found it...



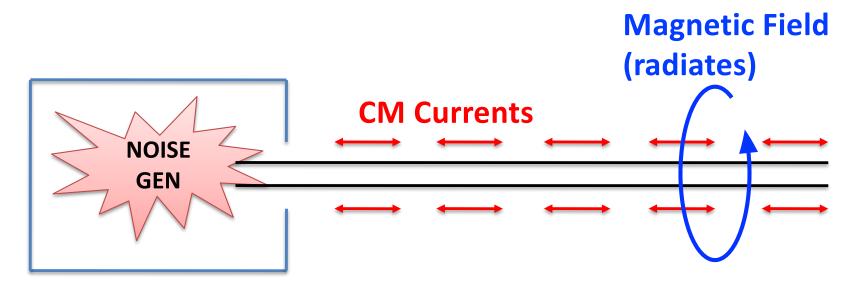
### Well, you can do several things

- Remove the offending device
- Turn it off when you're operating
- Replace it with something less noisy
- Choke, filter, or shield it to reduce radiation
- Make your station more resistant to that interference

Here are some examples

### Most noise is coupled through Common-Mode currents

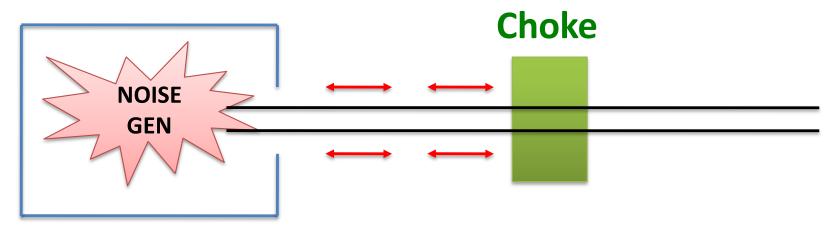
- Current that is common to all conductors
  - As opposed to normal-mode or differential signals
- Current on the lines gets out of or into equipment



- Current in a wire <=> electromagnetic radiation
- Longer wire = better antenna

## Common-mode chokes (or transformers) can stop most of these currents

- Insert a high impedance in series with all conductors
- Reduces CM current while passing normal-mode (differential) current



- Less current = less radiation
- Choke close to device = shorter antenna
- Twisting wires also helps cancel magnetic field

## Most common-mode chokes are made of ferrite... high impedance and lossy





High-power choke (balun) for antennas



See K9YC.COM

### Arch-nemesis: Wall-warts and other switchingtype AC adapters

- Replace switching supplies with linear supplies (find them on ebay); run off your station's 12 VDC.
- Apply common-mode chokes and/or filters to AC line and DC line
- Plug them into a choked outlet strip





Not all are defective but always be skeptical

#### LED lights contain switching power supplies Some are HORRID for RFI. Fixtures are the worst.

- Usually can't fix this. Must replace them.
- Best bet: Only buy trusted name brands that actually pass FCC certification
   Bulbs by GE and Feit are proven good

Real data and recommendations on my RFI website:

https://www.na6o.com/main/RFI.html

### Mobile: Inverters can be very noisy



This is what it took for K9YC to fix his Samlex 120V 1A inverter

# Uninterruptible power supplies... Some are ok, others not so good



Cyberpower 1500 VA models are proven quiet



This is the just one of 5 chokes we needed to clean up a very expensive Tripp-Lite UPS



## Defective power strips: Can generate noise, intermodulate like crazy

- 90% of these are total crap!!!!
  - Besides being likely noise generators, many are poorly made and just plain unsafe
- Surge suppressor types are the worst
  - Many active components, MOVs

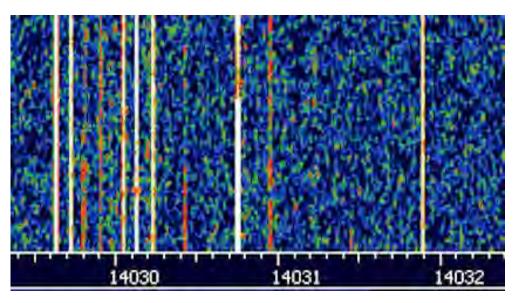


#### A safe choice: Waber

- All metal enclosure
- Quality outlets
- No electronics

### Ethernet cables can radiate groups of birdies all over the HF bands

- 10/100 is worse than GigE
- Upgrade all equipment to GigE or go WiFi
- Apply chokes near each end of long cables



**Typical 20m birdies** 



13 turns, 2.4" type 31

## Plasma TV... Thankfully they are falling out of favor

- Video-modulated interference with wide bandwidth on multiple HF bands
- Radiates from the screen!
- Only solution: Get rid of it.



### Failing electrical equipment can be tracked and fixed

- Fluorescent lamps—replace the bulb
  - FCC Class A (non-consumer) switching ballasts are also well-known for generating RFI
- Flickering street lights—call the city
- Bad capacitor on an A/C compressor





## Heaven forbid that it's a neighbor's solar panel system

- Can be difficult and expensive to fix
- See QST article, April 2016
- SolarEdge "Power optimizer" modules are worst offenders but not often installed
- Some are ok, particularly Enphase, Fronius, and SMA inverters

Every system generates *some* noise... Death by 1000 cuts



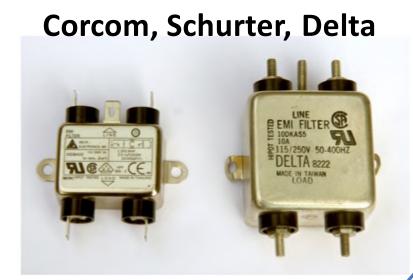
### HV power line interference is often challenging to locate and fix

- Use direction finding, starting with HF and moving to VHF/UHF then ultrasonic
- Write down the pole number
- Report to power company... and keep bugging them. Document everything.
- Then report their lack of response to the PUC, FCC, and ARRL
- Iterate for a few years. Good luck.

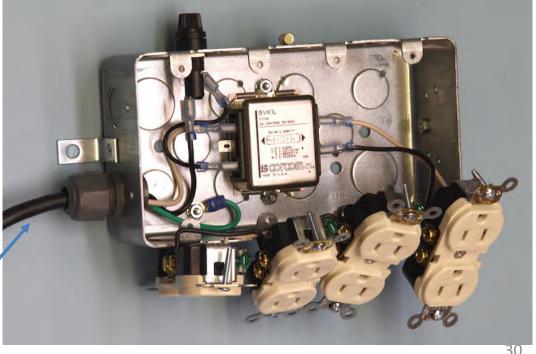
### Filtering AC lines can be effective, but more difficult and expensive to install

 Requires fabrication of a safe 120 VAC enclosure, or embed the filter inside of equipment

Wall Wart "Island"



Also add a big CM choke on the line cord



#### Reduce your station's susceptibility to noise

- Common-mode chokes on transmission lines and other conductors
  - Prevent radiated noise from getting to your RX
- Low-noise receiving antennas
  - As a rule, horizontal is better than vertical polarization for local QRM rejection
  - A low dipole can be a good/cheap RX antenna
- Use your rig's Noise Blanker (NB) and Noise Reduction (NR) features

## Ferrite common-mode chokes can benefit nearly any antenna

- Noise on the outside of coax shield is conducted to the antenna then to your RX
- An EFFECTIVE choke (balun) is required at the antenna feedpoint



K9YC.COM Article
"RFI, Ferrites, and
Common Mode Chokes
For Hams"

## Low-noise receiving loop rejects near-field RFI (less than one wavelength away)

- Covers all HF bands
- No tuning required
- Orient to null out QRM
- Some makers:
  - Wellbrook
  - Pixel Technologies (DXE)
- Resonant loops are also very good

Common-mode choke



# Myth: "I need a better RF ground to reduce my noise"

- **Fact:** There is no such thing as an RF ground, due to wavelength, inductance, skin effect.
- Fact: A connection to Earth almost never reduces noise or RFI, and it will often make it worse, because the "ground wire" can act as an antenna.
- **Fact:** A connection to Earth is very important for <u>lightning protection</u>.

See: ARRL, Grounding and Bonding for the Radio Amateur

## As a licensed ham, the FCC grants you legal rights (and responsibilities)

- Devices that cause harmful interference are at fault and the operator (owner) is legally responsible for fixing it
- Devices that cannot accept interference from licensed and legally-operated services are handled the same way
  - So make sure your transmitter is clean
- As a goodwill gesture, you should always help.
- ARRL is your best resource for serious RFI.

#### References

- ARRL: The ARRL RFI Handbook
- ARRL RFI pages http://www.arrl.org/rfi
- ARRL: Grounding and Bonding for the Radio Amateur
- Jim Brown, K9YC
  - http://k9yc.com/publish.htm
  - RFI, Ferrites, and Common Mode Chokes For Hams.
     Also his choke cookbooks.
- Dave Cole, NK7Z
  - https://www.nk7z.net"I Have RIF" pages
- Gary Johnson, NA6O
  - https://www.na6o.com/main/RFI.html

# Part numbers and sources for type 31 ferrite

(about \$12)

- 1.1 inch, Fair-Rite 2631801202 (\$1.50) 2.4 inch, Fair-Rite 2631803802 (about \$6) 4 inch, Fair-Rite 2631814002 (about \$21) Large clamp-on (1" ID) Fair-Rite 0431177081
- mouser.com, proaudioeng.com, KF7P.com, arrow.com, newark.com Consider group buy!

**Avoid:** Palomar Eng., Amidon, DX Eng... way too expensive!

### **Epilogue: My own RFI disaster**

- 23 LED fixtures installed next door
- Worked with ARRL, FCC, tried to fix
- New neighbor added even more stuff.....
  - Home station is now QRT
- See my RFI page for the full story



